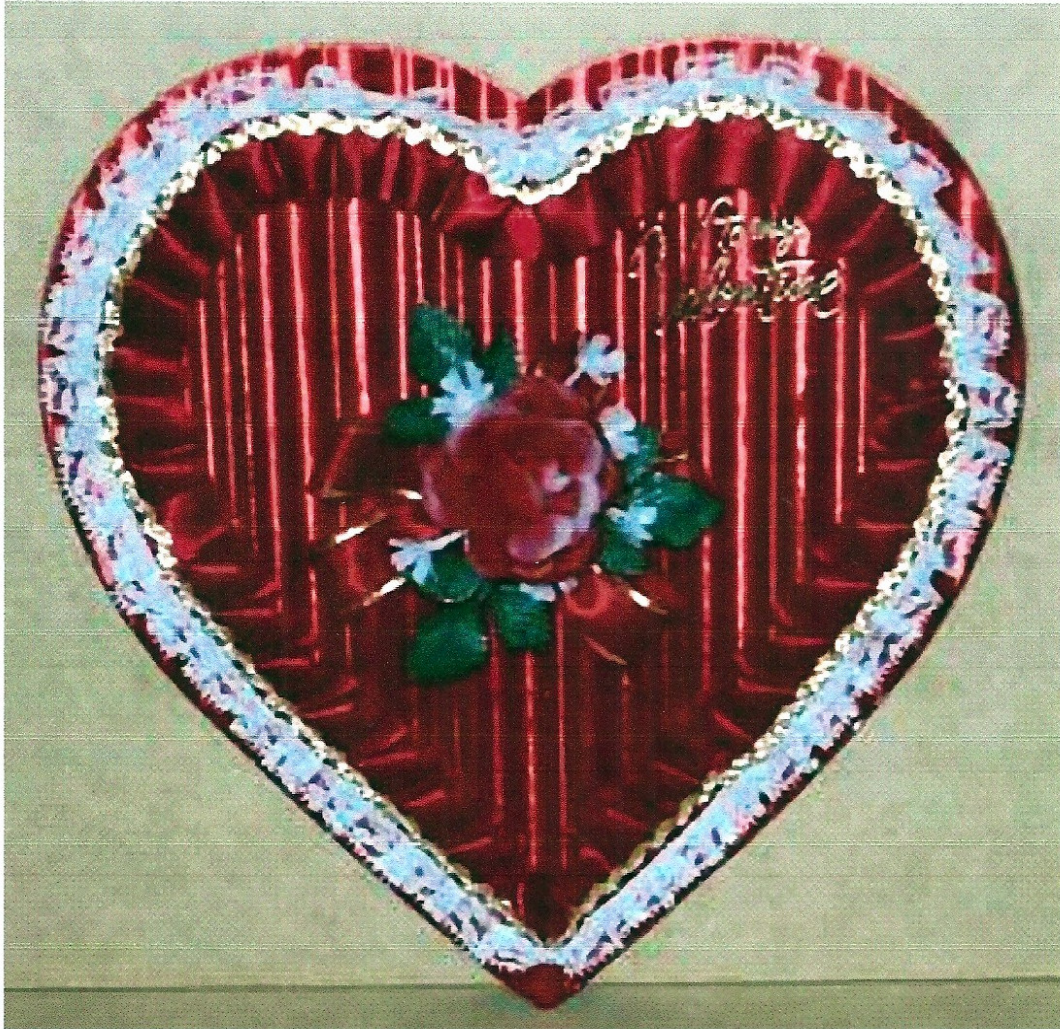


# Attractiveness of the Heart

Describes the Perfect Man



by Wesley J. Allen

## **Introduction**

Attractiveness of the Heart describes what a man's heart should be like in order to attract a woman. It was first written as one of the essays for my Composition Class in April of 1991 when I was just beginning to experiment with putting together Artistic Word Creations. Since then I have developed a genuine love for writing. In February of 1994 it was used as a Valentine's Day special Toastmaster Speech; and later it was used in a few other Valentine's Day get-togethers. It begins by describing the author in a very facetious way, and then turns to the serious business of describing the character of a man who is suitable for having an intimate relationship with a Darling Companion. I separated from my wife of 15 years in January of 1989 and by July of 1991 our divorce was final. Since then I have been through a comprehensive life-change program to make myself suitable for another relationship with a Darling Companion. Although my marriage wasn't altogether what an intimate relationship should be, I have learned a lot and changed tremendously. This speech reflects some of the things I was learning to improve myself. I got out my heart and dusted it off, and now future relationships can be much better. Please enjoy this very humorous speech, and take heed to the things that are written into it lest you should lose your Darling Companion.

## Attractiveness of the Heart

My mother always told me I could marry any girl I please; but so far I haven't pleased any. And I've been wondering lately, what it really takes to please one of those female-type characters.

As anyone can plainly see, I am a vivacious, young buck, filled with vigor and vitality. I have a face that a girl wouldn't necessarily need to throw a bag over; and I have a perfect physique. I am tall enough that she wouldn't have to bend over to kiss me, and short enough that she wouldn't have to stand on a chair. I am sufficiently slender that she could get her arms all the way around me, and yet, not so thin that I would be invisible if I turned sideways. I am young enough that she wouldn't have to iron out the wrinkles, and old enough that I could be left home alone without (or with) a baby sitter. Of course, I'm only being facetious; and I have discovered that physical characteristics are of lesser importance. What a man needs to keep a woman's interest is attractiveness of the heart. That means he must possess all those character traits that would make him a prime candidate for having a happy, fulfilled relationship with an intimate other. So let's determine what makes attractiveness of the heart.

If a man's heart (innermost being) is to be attractive to others, it must first be attractive to himself. In other words it is important that he likes himself and has a healthy self-esteem. Of course, his self-esteem is never so high that it is boiling over and his ego is sticking out the top of his head. That would make him arrogant and self-centered. But he is pleased with who he is and where he is going. He is proud of all his accomplishments, and is able to talk about them without bragging or showing off. A friend told me once that his philosophy is: "If ya dun it, it ain't braggin." I expect that one could talk about any accomplishment if it is done at the right time, in an appropriate place, and in a tactful manner. It is also important that he takes care of himself so he feels good, looks good, and is emotionally well adjusted.

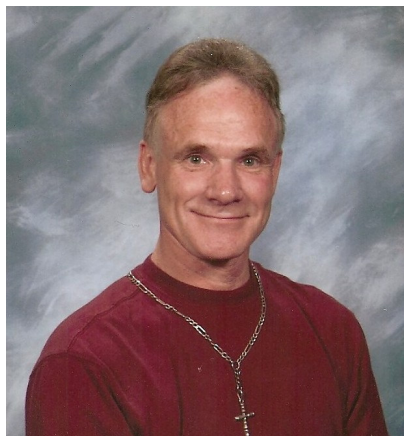
The man, whose heart is attractive, loves life. He is very much alive, and finds all of his activities enjoyable. He does not let his hindsight get mixed with his foresight, resulting in a stinking outlook on life, but retains a positive mental attitude and has joy in living. He does not dwell on the past, but lives in the present, and anticipates the future. He is very active in enjoying life's pleasures and beauties rather than "boob tubing" his time away in front of the TV. He should be able to plan together with his mate, enjoyable activities that would be stimulating and satisfying for both of them. He keeps himself mentally awake, and is never through learning. Much of his leisure time is spent reading books that increase his knowledge. Through reading he increases his ability to use the English language to its fullest extent. Then he is able to express himself well in any situation.

One thing a man must learn is to handle himself in the kitchen. He should have spent enough time living alone to cause him to appreciate the hard work a woman does in preparing meals and cleaning up the kitchen. He should be more than willing to do his part in helping with the housework instead of making a slave out of a wife while he parks his carcass in front of the TV and watches football. He should be able to make it part of the relationship with an intimate other to do housework together while enjoying each other's company. One of those female-type characters told me that she thinks every woman should have a darn good housewife.

The most important set of character traits that makes attractiveness of the heart is that which determines how a man relates to others. He loves people, and is trustworthy, loyal, helpful, friendly, courteous, kind, and cheerful. He enjoys friends and is sympathetic and understanding of things going on in their lives. He is humble (but not so low down he has to look upward to see the floor, or climb a 16-foot ladder to get a drink. And he doesn't think more highly of himself than he ought. He is non-judgmental, non-condemning, and unwilling to hurt others. He is unselfish, a good listener, and doesn't act like he knows it all (even if he does). He is respectful, considerate, thoughtful, and does not belittle anyone. He admits when he is wrong and learns from his mistakes; and he doesn't cover them up or blame others.

He should also possess good communication skills some of which he will undoubtedly learn as a Competent Toastmaster. The rest he will learn by reading the book "Men Are From Mars and Women Are From Venus." He will then be able to communicate without letting feelings get in the way. Thus he will be able to handle anything that comes up, lovingly and without getting his tail feathers ruffled.

Now, the man described herein, if he displays these characteristics 100% of the time, is perfect and is not to be found here on Earth. (Perhaps that's why girls have always asked me what planet I fell off of). All this makes me so worried. I'm extremely concerned that I may never be the perfect person that I used to think I was. That was back when I had my superiority complex that I developed to cover up my inferiority complex. But I'm going to get out my heart, dust it off, and polish it up, and then I'll be a vivacious young buck, filled with vigor and vitality; and I'll have attractiveness of the heart.



by: Wes Allen  
April-2-1991  
revised: 2-12-95  
1238 words  
8 minutes

This is me years later in April of 2008. I'm still a vivacious young buck, and I've only gotten better looking. But you know what? I have given up the idea of becoming perfect. Now I just strive for excellence.